

# **Crosshouse Primary School**

## **Parent / Carer Guide What Your Child will Learn in**

### **Primary 4**

## **Relationships, Sexual Health and Parenthood Lessons**



From an early age children are trying to make sense of the world they live in. They will do this by applying existing knowledge to new concepts. Often what they will arrive at on their own, or with the help of friends and siblings, will be incorrect, confusing and misleading.

To pass from childhood through adolescence safely and successfully, children need plenty of opportunities to make choices and decisions. They must receive the right information and be able to communicate their feelings.

Without formal RSHP lessons some children will continue to learn about relationships and sexual health unguided and unsupported. At Crosshouse Primary School we aim to provide a safe environment for this necessary learning to take place.

Crosshouse's RSHP teaching is designed to be gradually developed as an integral part of our curriculum in a way that is appropriate to the age of our children. It is important that at each stage children have opportunities to develop emotionally and to use their emotions and skills to guide positive behaviour.

# What Your Child will Learn in Primary 4

## **OUTCOME HWB 1-44a**

**I am aware of how friendships are formed and that likes, dislikes, special qualities and needs can influence relationships**

- I can co-operate and share with others
- I can state why friends are important
- I know that my relationship with my family and friends is what makes me feel special
- I know that friendships can change and this can make me feel good and bad
- I can state what the word emotion means and list different emotions
- I can deal with different emotions
- I can state ways of making myself and others feel good
- I know what a friend is

## **OUTCOME HWB 1-44b**

**I understand positive things about friendships and relationships but when something worries or upsets me I know who I should talk to**

- I know that friendships can change and this can make me feel good or bad
- I know the difference between the terms public and private
- I can state why friends are important
- I can co-operate and share with others

## **OUTCOME HWB 1-45a**

**I know that there are people in our lives who care for and look after us and I am aware that people may be cared for by parents, carers or other adults**

- I know that being part of a family is important to my physical and emotional health
- I can state different types of love
- I understand that not all families have the same members
- I know that my family is a great source of support to me
- I know that there are many ways and many people who can help and give me advice

## **OUTCOME HWB 1-45b**

**I am aware of the need to respect personal space and boundaries and can recognise and respond appropriately to verbal and non-verbal communication**

- I know that friendships can change and this can make me feel good and bad
- I can identify emotions and I can begin to learn how to deal with them
- I know and can differentiate between the terms public and private

## **OUTCOME HWB 1-47a**

**I recognise that we have similarities but are all unique**

- I will grow and change in different ways
- I can state how I have changed from a baby until now
- I know the sexual organs are the only ways to determine males and females
- I know males have a penis
- I know females have a vagina

## **OUTCOME HWB 1-47b**

**I am aware of my growing body and I am learning the correct names for its different parts and how they work**

- I know that I inherit characteristics and features from my parents
- I know I will grow and change in different ways as do all living things
- I can state the ways I have changed since I was born
- I can state similarities and differences between males and females
- I know that the sexual organs are the only way to determine males and females
- I know the correct language we use in school for male and female sexual organs

**OUTCOME HWB 1-48a****I am learning what I can do to look after my body and who can help me**

- I know I will grow and change in different ways as do all living things
- I can state the ways I have changed since I was born
- I know and can differentiate between the terms public and private
- I know the importance of washing my hands
- I know that germs can lead to illness
- I know how to keep my body clean

**OUTCOME HWB 1-49a****I am learning about respect for my body and what behaviour is right and wrong. I know who I should talk to if I am worried about this**

- I know and can differentiate between the terms public and private
- I know how to keep my body clean

**OUTCOME HWB 1-50a****I am learning about where living things come from and how they grow, develop and are nurtured**

- I can state the differences between males and females
- I know and can differentiate between living and non living things
- I can state the changes in me from a baby to the present day
- I know that living things belong to a natural life circle

**OUTCOME HWB 1-51a****I am able to show an awareness of the tasks required to look after a baby**

- I can describe the changes a new baby impacts on a family
- I understand and can describe the important things done to look after and care for a baby
- I know I can help

Should you wish to view any of the resources used in school to deliver SHRP or if you require any further information please contact the school.