

Crosshouse Primary School

Parent / Carer Guide What Your Child will Learn in

Primary 3

Relationships, Sexual Health and Parenthood Lessons



From an early age children are trying to make sense of the world they live in. They will do this by applying existing knowledge to new concepts. Often what they will arrive at on their own, or with the help of friends and siblings, will be incorrect, confusing and misleading.

To pass from childhood through adolescence safely and successfully, children need plenty of opportunities to make choices and decisions. They must receive the right information and be able to communicate their feelings.

Without formal RSHP lessons some children will continue to learn about relationships and sexual health unguided and unsupported. At Crosshouse Primary School we aim to provide a safe environment for this necessary learning to take place.

Crosshouse's RSHP teaching is designed to be gradually developed as an integral part of our curriculum in a way that is appropriate to the age of our children. It is important that at each stage children have opportunities to develop emotionally and to use their emotions and skills to guide positive behaviour.

What Your Child will Learn in Primary 3

OUTCOME HWB 1-44a

I am aware of how friendships are formed and that likes, dislikes, special qualities and needs can influence relationships

- I can co-operate and share with others
- I can state why friends are important
- I know that feelings and relationships with other people makes me feel special
- I know friendships can change and the consequence of this can make me feel good and bad
- I can identify emotions
- I am beginning to learn how to deal with different emotions
- I know different ways to make myself and others feel good
- I know and can state how friendships and relationships develop
- I know what a friend is

OUTCOME HWB 1-44b

I understand positive things about friendships and relationships but when something worries or upsets me I know who I should talk to

- I can state what the words public and private mean
- I know I must wash my body to keep myself clean and healthy
- I can state why friends are important
- I can share and co-operate with others

OUTCOME HWB 1-45a

I know that there are people in our lives who care for and look after us and I am aware that people may be cared for by parents, carers or other adults

- I can state what the terms public and private mean
- I know I must wash my body to keep myself clean and healthy
- I can state why my family are important to me
- I know there are different types of love
- I can state all the people who help me and help they give me
- I know that members of a family can differ and I respect and understand these differences
- In my family, I can state each member in my family and the roles they take

OUTCOME HWB 1-45b

I am aware of the need to respect personal space and boundaries and can recognise and respond appropriately to verbal and non-verbal communication

- I can state what the terms public and private mean
- I know I must wash my body to keep myself clean and healthy
- I can identify different emotions
- I am beginning to learn how to deal with different emotions
- I understand that people need personal space and I respect this

OUTCOME HWB 1-47a

I recognise that we have similarities but are all unique

- I know the differences between living and non living things
- I know the differences between males and females
- I know that the sexual organs are the only way to determine males and females

OUTCOME HWB 1-47b

I am aware of my growing body and I am learning the correct names for its different parts and how they work

- I know the differences between males and females
- I know that the sexual organs are only way to determine male and female
- I know that males have a penis
- I know that females have a vagina

OUTCOME HWB 1-48a**I am learning what I can do to look after my body and who can help me**

- I know the importance of personal hygiene
- I can state the differences between the terms private and public
- I know that germs can cause illness
- I know how to keep my body clean and healthy

OUTCOME HWB 1-49a**I am learning about respect for my body and what behaviour is right and wrong. I know who I should talk to if I am worried about this**

- I know the importance of personal hygiene
- I can state the differences between the terms private and public

OUTCOME HWB 1-50a**I am learning about where living things come from and how they grow, develop and are nurtured**

- I can state the differences between males and females
- I know and can differentiate between living and non living things
- I can state the changes in me from a baby to the present day
- I know that living things belong to a natural life circle

OUTCOME HWB 1-51a**I am able to show an awareness of the tasks required to look after a baby**

- I can describe the changes a new baby impacts on a family
- I understand and can describe the important things done to look after and care for a baby
- I know I can help

Should you wish to view any of the resources used in school to deliver SHRP or if you require any further information please contact the school.