

Crosshouse Primary School

Parent / Carer Guide What Your Child will Learn in Primary 7 Relationships, Sexual Health and Parenthood Lessons



From an early age children are trying to make sense of the world they live in. They will do this by applying existing knowledge to new concepts. Often what they will arrive at on their own, or with the help of friends and siblings, will be incorrect, confusing and misleading.

To pass from childhood through adolescence safely and successfully, children need plenty of opportunities to make choices and decisions. They must receive the right information and be able to communicate their feelings.

Without formal RSHP lessons some children will continue to learn about relationships and sexual health unguided and unsupported. At Crosshouse Primary School we aim to provide a safe environment for this necessary learning to take place.

Crosshouse's RSHP teaching is designed to be gradually developed as an integral part of our curriculum in a way that is appropriate to the age of our children. It is important that at each stage children have opportunities to develop emotionally and to use their emotions and skills to guide positive behaviour.

What Your Child will Learn in Primary 7

OUTCOME HWB 2-44a

I am aware of how friendships are formed and that likes, dislikes, special qualities and needs can influence relationships

- I can describe how friendships and relationships develop
- I can describe the qualities that make a good friend
- I know how to behave towards someone I care about
- I know how someone who cares about me should behave towards me
- I can describe different types of love
- I can recognise different emotions
- I can use different strategies to deal with the varied emotions I experience
- I know where to seek help/advice if I need it
- I can describe how friendships can change
- I can describe what gender stereotyping is
- I understand that different people have different beliefs about love and marriage
- I understand that different faiths and cultures have different views of marriage

OUTCOME HWB 2-44b

I understand positive things about friendships and relationships but when something worries or upsets me I know who I should talk to

- I can describe how friendships and relationships develop
- I can describe the qualities that make a good friend
- I know how to behave towards someone I care about
- I know how someone who cares about me should behave towards me
- I can describe different types of love
- I can recognise different emotions
- I can use different strategies to deal with the varied emotions I experience
- I know where to seek help/advice if I need it
- I understand that friendships can change over time
- I can describe how changes within a friendship can make me feel
- I can identify and explain what gender stereotyping is and challenge it

OUTCOME HWB 2-45a

I know that there are people in our lives who care for and look after us and I am aware that people may be cared for by parents, carers or other adults

- I can describe how friendships and relationships develop
- I can describe the qualities that make a good friend
- I know how to behave towards someone I care about
- I know how someone who cares about me should behave towards me
- I can describe different types of love
- I can recognise different emotions
- I can use different strategies to deal with the varied emotions I experience
- I know where to seek help/advice if I need it
- I understand that friendships can change over time
- I can describe how changes within a friendship can make me feel
- I can identify and explain what gender stereotyping is and challenge it
- I can describe how the media can affect my emotional well-being

OUTCOME HWB 2-45b

I am aware of the need to respect personal space and boundaries and can recognise and respond appropriately to verbal and non-verbal communication

- I can describe how friendships and relationships develop
- I can describe the qualities that make a good friend
- I know how to behave towards someone I care about
- I know how someone who cares about me should behave towards me
- I can describe different types of love
- I can recognise different emotions
- I can use different strategies to deal with the varied emotions I experience
- I know where to seek help/advice if I need it
- I understand that friendships can change over time
- I can describe how changes within a friendship can make me feel

- I can identify and explain what gender stereotyping is and challenge it
- I can describe the emotional changes which occur during puberty
- I know that the hormones released during puberty cause physical and emotional changes
- I can describe how the media influences me

OUTCOME HWB 2-47a

I recognise that we have similarities but are all unique

- I can describe in detail the physical and emotional changes which occur during puberty
- I can explain what 'self esteem' and 'self worth' mean
- I can describe the changes I will go through as I become older
- I can describe how I will become more independent as I grow older
- I know that there are certain stages of development which everyone goes through
- I understand the importance of good hygiene
- I can describe some of the body changes that take place during puberty
- I know that the hormones released during puberty cause physical and emotional changes
- I can recognise different emotions
- I know where to seek help/advice if I need it
- I can identify, explain what gender stereotyping is and challenge it
- I can describe how people and relationships are portrayed in the media

OUTCOME HWB 2-48a

I am learning what I can do to look after my body and who can help me

- I can describe the emotional and physical changes which occur during puberty
- I can explain what 'self esteem' is
- I can describe ways in which I will become more independent as I grow older
- I understand the importance of personal hygiene
- I can explain the process of reproduction
- I can identify and challenge the myths surrounding pregnancy and birth
- I can describe the many ways I can seek advice
- I can describe ways that I can make myself and others feel good

OUTCOME HWB 2-49a

I am learning about respect for my body and what behaviour is right and wrong. I know who I should talk to if I am worried about this

- I can explain what 'self esteem' is
- I can recognise different emotions
- I know where to seek help if I need it
- I know that there are many different people who can give me advice
- I can describe what is important in relationships
- I understand that there are different types of love
- I am aware of my own personal safety when using the internet
- I can describe the safety precautions I should take when using the internet.

OUTCOME HWB 2-50a

I am learning about where living things come from and how they grow, develop and are nurtured

- I can explain the process of reproduction
- I can identify and challenge the myths surrounding pregnancy and birth
- I understand that babies have needs prior to birth
- I can explain the needs of babies before and after birth
- I can explain why good health is important to the pregnant woman and her unborn baby
- I can describe the process of birth
- I can explain how people and relationships are portrayed in the media
- I understand that different people have different attitudes towards love and marriage

OUTCOME HWB HWB 2-51a

I am able to show an awareness of the tasks required to look after a baby

- I can explain why family is important
- I understand that not all families have the same members
- I can describe the roles and responsibilities of family members
- I can describe how families help and support each other

Should you wish to view any of the resources used in school to deliver SHRP or if you require any further information please contact the school.

